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Press Release

26 August 2015



The Medicinal Herbs ebook has just been released ISBN: 978-0-9942948-7-6 Pages: 117 Images: 99

We are excited to announce that we have released a new ebook called "Medicinal Herbs". This ebook has been written by John Mason and the staff of ACS Distance Education.

Herbs have been used by humans for many thousands of years. Over the course of this time, our understanding of their effects on our bodies has been learnt - initially through trial and error, and observations, then later through clinical

trials. Today our knowledge of plants has given rise to a growing industry in botanical medicine.

The Medicinal Herbs ebook is a practical guide on the herbs that can be used as alternative remedies for different conditions in the human body. This ebook is a fascinating read that looks into the chemicals in herbs and their effects on the body. There is a glossary of terms that helps you understand what the medical terms mean and illustrations and detailed herb descriptions help you identify the plants.

This ebook also looks at ways in which herbs can be used for medicinal purposes and how to prepare herbs for use in this purpose, such as teas, decotion and ointments. The majority of this ebook covers a thorough directory of medicinal herbs and looks at the herbs origin, appearance, culture, chemistry, the parts used, what the herb can be used for and the herb's properties. The conclusion of this ebook helps you think about some different ideas for starting a business using medicinal herbs.

This ebook is now available for purchase for \$34.95 including GST from our online bookshop and there is also a free sample available here: http://www.acsbookshop.com/product-medicinal-herbs-pdf-ebook-5977.aspx

If you would like a review copy of this ebook, please contact sarah@acs.edu.au .

If you have any queries or would like to arrange an interview or a review copy of this eBook, please call or email the ACS head office on the Gold Coast on (07) 5562 1088 and ask for our Media and Marketing Officers (admin@acs.edu.au). **About ACS Distance Education** ... Established in 1979, ACS Distance Education is a leading Australian Distance Education provider offering over 600 courses via correspondence, online or on CDs. The Institution has offices in Australia and the United Kingdom and has Affiliates in Australia, Philippines, Singapore, UK, New Zealand, France and Ireland. ACS has educated thousands of students, many of whom have gone onto successful employment, both in industry or in their own businesses.