



# Press Release

20 August 2014

## Get to know more about capsicums and chillies- growing and using.

The 'Growing and Using Capsicums and Chillies' ebook is out now and is packed full of fantastic information to get you growing healthy capsicum plants that provide you with an abundant supply of fruit. Starting with the history of capsicums, the ebook then goes on to explain the ideal growing conditions that the plants thrive on and you will then discover the different varieties of capsicums and chillies and finally how to cook with them.

We all know capsicums as the vegetable that can be eaten fresh or cooked; or used to add flavour to a huge range of dishes, from Asian stir fries to Mediterranean dishes and Mexican chilli beans. Capsicums have a huge range of other uses as well, from condiments such as sweet chilli sauce, to ornamental uses as a bedding plant grown for colourful foliage or fruits.

Capsicums are also known by the common names of pepper or chilli. The capsicum species that we grow most widely around the world is *Capsicum annuum*. Capsicums belong to the Solanaceae family of plants, as do tomato, eggplant and potato. A very wide variety of weeds and ornamental plants also belong to this family; some are also edible, but many are toxic, if not deadly.

Most capsicum cultivars grow to between 40 and 90 cm tall, though occasionally they can be outside this range. They are actually perennials, and may survive two or more years in mild climates or greenhouses; however, they are more commonly treated as annuals, being grown over the warmer months of the year in temperate and sub-tropical climates.

Written by John Mason and staff of ACS Distance Education, the Growing and Using Capsicums and Chillies ebook is 71 pages of great pictures and facts.

This ebook is available from our online bookshop now. Download the ebook now, or have a look at the sample:

<http://www.acsbookshop.com/product-growing-using-capsicums-chillies-pdf-ebook-5940.aspx>

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If you have any queries or would like to arrange an interview or a review copy of this eBook, please call or email the ACS head office on the Gold Coast on (07) 5562 1088 and ask for our Media and Marketing Officers ([admin@acs.edu.au](mailto:admin@acs.edu.au)).

**About ACS Distance Education** ... Established in 1979, ACS Distance Education is a leading Australian Distance Education provider offering over 600 courses via correspondence, online or on CDs. The Institution has offices in Australia, United Kingdom and is operated through Affiliates in Australia, Philippines, Singapore, UK, New Zealand, France and Ireland. ACS has educated thousands of students, many of whom have gone on to successful employment, both in industry or in their own businesses. The school employs staff in 3 states of Australia, plus the U.K., U.S.A and New Zealand.