



Press Release

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Save money and preserve your food

Processed food is readily available and easily purchased. Although convenient, what is the cost, both to our health and our hip pocket? Why not save money, take advantage of seasonally abundant food and preserve it for use at another time? Learn the techniques of food preservation with the Preserving Food ebook written by John Mason and ACS Distance Education staff.

The Food Preserving ebook covers the many areas of food preservation. Beginning with food preservation methods, this ebook looks at the reasons why food is preserved and the history of food preservation. Moving onto food spoilage, microbiology, enzymes and food-borne disease and infections, this ebook gives you a description of what could make the food turn bad or in-edible.

Explore the different ways that food can be preserved using preservatives, salt, sugar, acid, natural and artificial preservatives. Other areas covered in this ebook include pickles, chutney, sauces, jams and jellies. Areas of preserving the food include canning and bottling, drying food, fermentation and touches on many other areas of food preservation.

This is a great read and an interesting book with lots of helpful and practical tips on how to preserve a wide range of foods. It makes you want to rush home and try the many techniques out.

www.acsbookshop.com/product-food-preserving-pdf-ebook-5652.aspx

If you have any queries or would like to arrange an interview, please call or email the ACS head office on the Gold Coast on (07) 5562 1088 and ask for our Media and Marketing Officers (admin@acs.edu.au).

About ACS Distance Education ... Established in 1979, ACS Distance Education is a leading Australian Distance Education provider which offers over 600 courses via correspondence, online or on CDs. The Institution has offices in Australia, United Kingdom and is operated through Affiliates in Australia, Philippines, Singapore, UK, New Zealand, France and Ireland. ACS has educated thousands of students, many of whom have gone onto successful employment, both in industry or in their own businesses. The school employs staff in 3 states of Australia, plus the U.K., U.S.A and New Zealand.